



Career Exploration & Options




**School-to-Career Coordinator:
Ms. Middlebrooks**








Career Planning takes
time, determination and
consistency



Career Exploration



Help your student start **planning** today, for
their future tomorrow...





Stage of Career Explorations

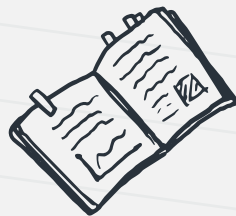
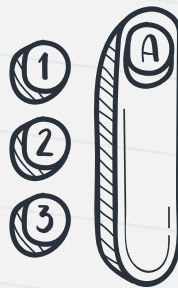
1. Discover their interests
2. Find their Career Field
3. Plan out their goals



Discover their **INTERESTS**

Help your student determine:

- What they like to do
- What do they value
- What motivates them
- What skills do they currently possess





Get to know themselves


STRENGTHS

Encourage them to find out what they are good at. What comes naturally or you regularly return to.

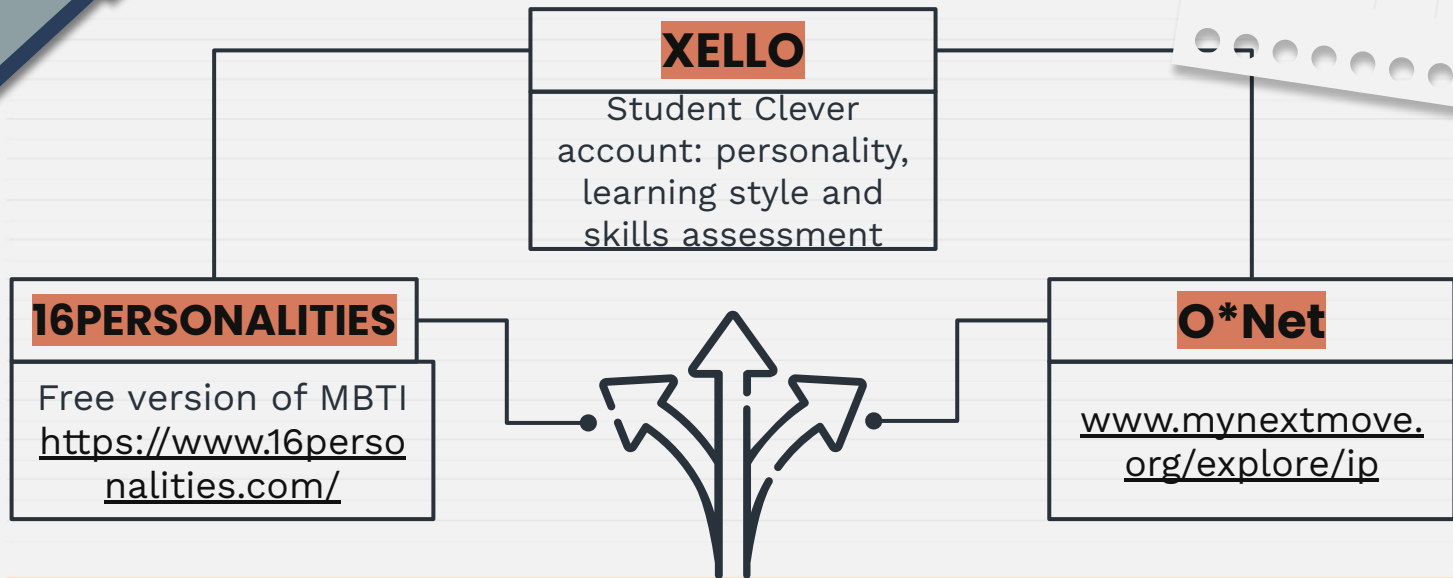


WEAKNESSES

What areas do they need to improve on and where can they go to do so.



Skills Assessments











02

Find their **CAREER FIELD**

Learning about careers, different types of jobs and the educational requirements it takes to obtain a career that suits their interests.



WHAT

Job titles interest me?

WHAT

Type of work environments do I like?

WHERE

Can I go to **Research** my career field?

Ask themselves...



Career Clusters

AGRICULTURE & NATURAL RESOURCES

- AGRICULTURAL BUSINESS
- AGRICULTURAL MECHANICS
- AGRISCIENCE
- ANIMAL SCIENCE
- FORESTRY & NATURAL RESOURCES
- ORNAMENTAL HORTICULTURE
- PLANT & SOIL SCIENCE



ARTS, MEDIA & ENTERTAINMENT

- DESIGN, VISUAL & MEDIA ARTS
- PERFORMING ARTS
- PRODUCTION & MANAGERIAL ARTS
- GAME DESIGN & INTEGRATION



BUILDING & CONSTRUCTION TRADES

- CABINETRY, MILLWORK & WOODWORKING
- ENGINEERING & HEAVY CONSTRUCTION
- MECHANICAL SYSTEMS INSTALLATION & REPAIR
- RESIDENTIAL & COMMERCIAL CONSTRUCTION



BUSINESS & FINANCE

- BUSINESS MANAGEMENT
- FINANCIAL SERVICES
- INTERNATIONAL BUSINESS



EDUCATION, CHILD DEVELOPMENT & FAMILY SERVICES

- CHILD DEVELOPMENT
- CONSUMER SERVICES
- EDUCATION
- FAMILY & HUMAN SERVICES



ENERGY, ENVIRONMENT & UTILITIES

- ENERGY & POWER TECHNOLOGY
- ENVIRONMENTAL RESOURCES
- TELECOMMUNICATIONS



ENGINEERING & ARCHITECTURE

- ARCHITECTURAL DESIGN
- ENGINEERING DESIGN
- ENGINEERING TECHNOLOGY
- ENVIRONMENTAL ENGINEERING



FASHION & INTERIOR DESIGN

- FASHION DESIGN & MERCHANDISING
- INTERIOR DESIGN
- PERSONAL SERVICES



HEALTH SCIENCE & MEDICAL TECHNOLOGY

- BIOTECHNOLOGY
- HEALTHCARE ADMINISTRATIVE SERVICES
- HEALTHCARE OPERATIONAL SUPPORT
- MENTAL & BEHAVIORAL HEALTH
- PATIENT CARE
- PUBLIC & COMMUNITY HEALTH



HOSPITALITY, TOURISM & RECREATION

- FOOD SCIENCE, DIETETICS & NUTRITION
- FOOD SERVICE & HOSPITALITY
- HOSPITALITY, TOURISM & RECREATION



INFORMATION & COMMUNICATION TECHNOLOGIES

- GAMES & SIMULATION
- INFORMATION SUPPORT AND SERVICES DEVELOPMENT
- NETWORKING
- SOFTWARE & SYSTEMS



MANUFACTURING & PRODUCT DEVELOPMENT

- GRAPHIC PRODUCTION TECHNOLOGIES
- PRODUCT INNOVATION & DESIGN
- MACHINING & FORMING TECHNOLOGIES
- WELDING & MATERIALS JOINING



MARKETING, SALES & SERVICE

- ENTREPRENEURSHIP/SELF EMPLOYMENT
- MARKETING
- PROFESSIONAL SALES



PUBLIC SERVICES

- EMERGENCY RESPONSE
- LEGAL PRACTICES
- PUBLIC SAFETY



TRANSPORTATION

- OPERATIONS
- STRUCTURAL REPAIR & REFINISHING
- SYSTEM DIAGNOSTICS, SERVICE & REPAIR



Like music, careers are organized into **categories**

Career Education Guide

(Click the photo to learn more)



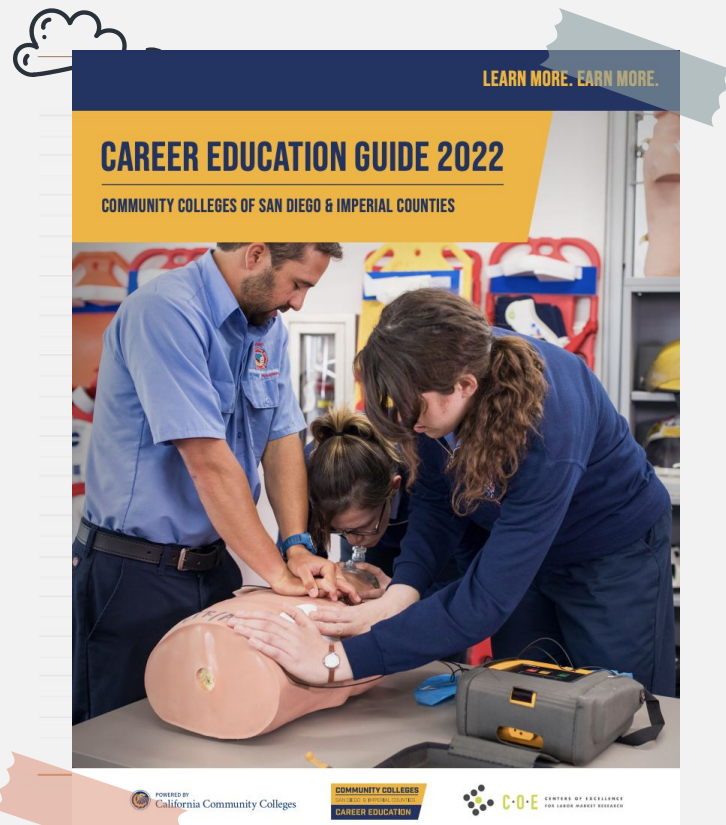
In-Demand Sectors

Take a look at the industry sectors that are in high demand in San Diego County



Jobs & Wages

Explore the jobs and the potential wage per education attainment





Plan their **GOALS**

Piece together all things they learned about themselves, with the real world of work. Use decision making skills and SMARTER goals action planning to identify effective career and life plans.





SMARTER Goals



S	M	A	R	T	E	R
Specific	Measurable	Attainable	Relevant	Timed	Evaluate & Exciting	Revise & Reward

Click **HERE** download a worksheet to you started



Things to consider when planning...



Resources



Think about who you are connected to, what access do you have to get to the goal?

Challenges

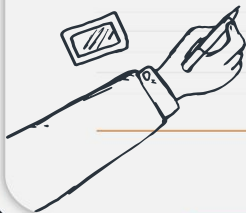


What might you face academically or within the job market?

Knowledge



What else do you need to know to identify your career objective?





Importance of Career Exploration



Benefits of Career Planning

While in School

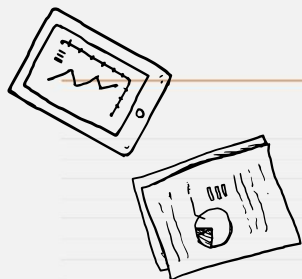
Clarify short, medium
& long term goals
Higher academic
achievement
Graduate on time
Higher motivation

After School

Higher chances of
employment with
higher income
Job satisfaction
Higher career
advancement

A top-down view of a light blue desk. On the left is a white keyboard. In the center are two overlapping sticky notes, one light blue and one light orange. To the right is a white piece of paper with a scalloped edge, held by an orange paperclip. A brown pencil with a blue stripe lies at the top right. A small green succulent is at the bottom left. A hand-drawn illustration of a hand holding a pen is at the bottom right.

The Consequences of **NOT Planning can Cost you**



Lack of preparation may result in..

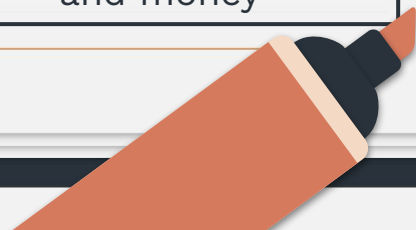
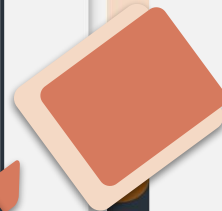
Feeling stuck

- Constant switching majors
- Staying in an unfulfilling field too long
- Longer years in school



Costly

- Loss of Financial aid
- Increased debt
- May need to transfer
- May waste time and money





Interests

Things they like to do or are passionate about



Skills

Things they are naturally good at or diligently practice.

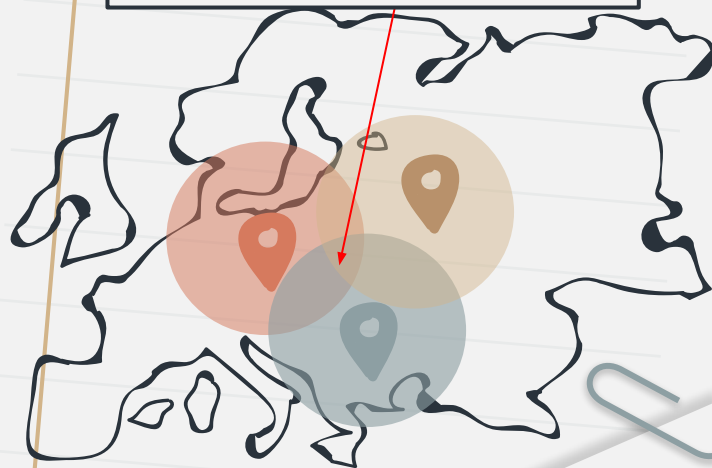


Values

Things they find important in life

MAP out their Career

Career Sweet Spot



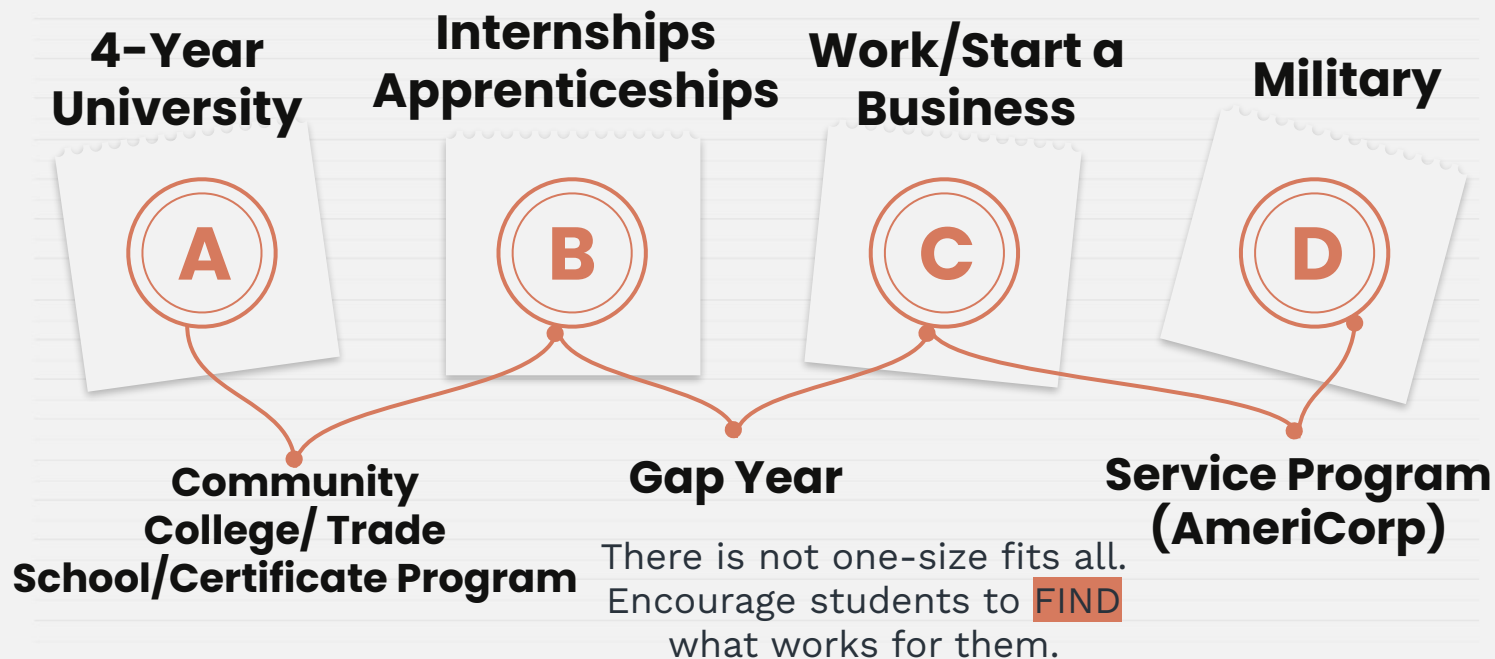
Career Matching

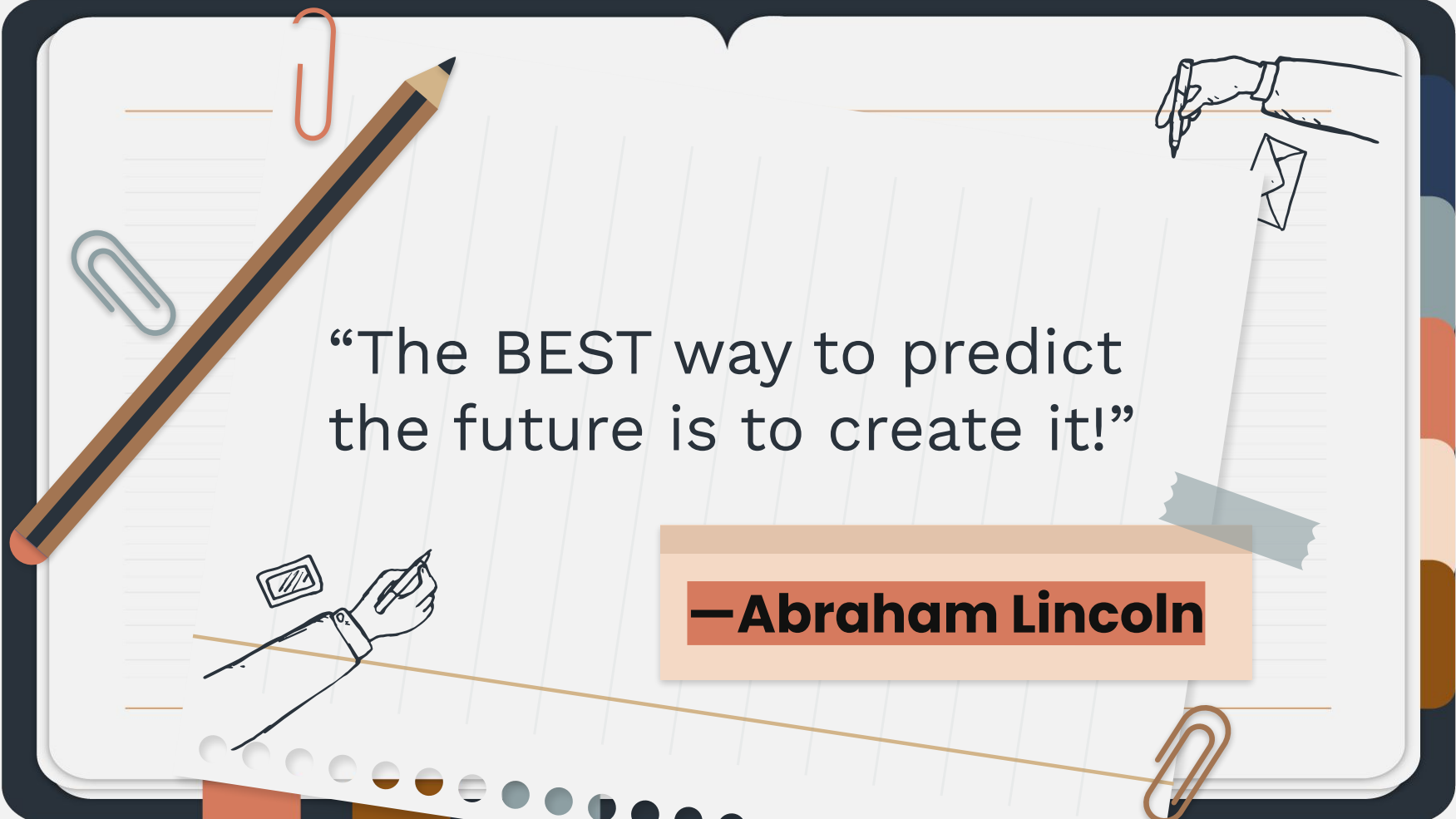


People who choose a career or major that matches or is similar to their personality or interest type are more likely to be successful and satisfied.



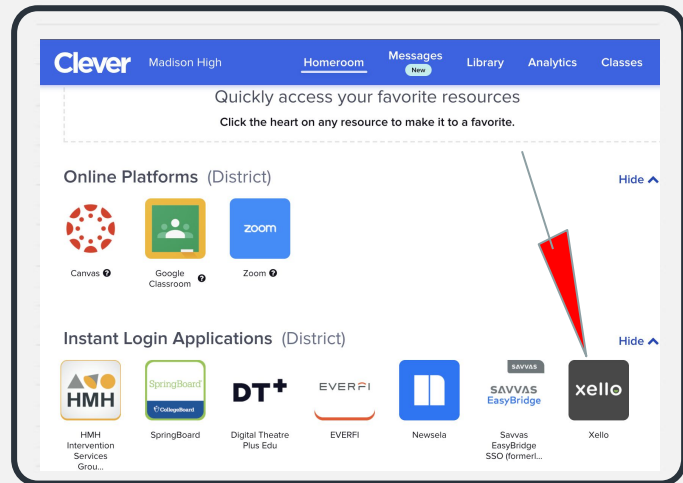
Many Options after High School





“The BEST way to predict
the future is to create it!”

—Abraham Lincoln



Access Xello

Students can access **Xello** through their Clever account log in. There is a little icon already embedded to their profiles. There is a cool option to start Career Goals & Planning.



Thanks

Any Questions?

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SCAN the QR to schedule a 1:1
planning appointment with me

